

# THE BOLDNESS NEWSLETTER

"THE WICKED RUN AWAY WHEN NO ONE IS CHASING THEM, BUT THE GODLY ARE AS BOLD AS LIONS."  
PROVERBS 28:1



There is a time for everything,  
and a season for every activity under the heavens

Ecclesiastes 3:1

MAY 2024 | LODI CHRISTIAN SCHOOL FAMILY NEWSLETTER

## SCHOOL'S OUT FOR THE SUMMER!

PERSPECTIVE BY

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"AND WHATEVER YOU DO OR SAY, DO IT AS IF YOU WERE DOING IT FOR THE LORD JESUS"

COLOSSIANS 3:23-24

School's out, summer is here! Now what? May I share something I found very successful as a mother of school age children? I called it MOM's RPP program for summer. It is pretty simple. Begin the summer with **REST**. I don't mean letting your child sleep in until noon, but allowing your child to rest and refresh from the demands of the school year. Recent studies have shown that children need time to decompress just like adults. Don't start summer with a list full of activities, but rather give your child a week or so to just be. Please don't read this as an approval for all day screen time. **NO!** There is a place for some screen time, but there is also a place for a child to sit and be "bored". Did you know that boredom is healthy for our brains? I read an article published by the Mayo Clinic that stated: **'A little boredom can be a good thing. It can stimulate creativity and problem-solving, while giving the brain time to recharge.'** During this season of rest, do something engaging with your child. Bake some cookies, get some modeling clay and create, plant a garden, etc. Let your creative juices flow and have fun. You too, as a parent, need to decompress and recharge. Begin your summer with **REST**.

After a couple weeks of rest, we moved into my favorite time of summer, **PLAY!** This is when my husband and I would take vacation time away from our jobs. We went camping, hiking, fishing, took trips to see different places, went to the beach, etc. If we were home we had tournaments. Maybe one day it was board games, the next day backyard wiffle ball. Backyard campouts, water fights and s'mores were a given. There were weeks when we had our children invite different friends to come and be a part of our summer play. Not only did our kids love this, but my husband and I found ourselves connecting with our children on a different level. This was especially helpful as they moved into their teen years. Put some meaningful **PLAY** into your summer.

Finally, it was time to navigate to the **PREPARE** time of summer. About three weeks before school started, I began to refresh our children on what they needed to be prepared for the upcoming school year. Reading, reviewing math facts, and writing a creative story were a



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(School's Out for the Summer Continued)

given. As our children progressed in school, this seemed to become easier, but the primary years were more challenging. Not only did we prepare our children academically, but we talked to them about a new teacher, classroom, activities, and also our expectations for each of them for the coming school year. Of course there was school shopping for supplies, clothes and shoes. In our season of preparation for the upcoming school year, a spirit of excitement and eagerness began to emerge. I always felt kind of sad when summer was over, but that sadness quickly left as we all walked out the door for the first day of school.

It seems like all of my adult life whenever I flipped over my calendar to the month of May, I have experienced two emotions. One is an exclamation that the school year is almost over, just a few more weeks and then summer, HOORAY! The other emotion is more somber as I must ask myself and reflect on the question, did I accomplish everything I needed to accomplish during the school year? This year as I flipped the calendar to May my pause was a little longer and perhaps my "Hooray" a bit softer. After a career that spans 38 years, I have prayerfully decided it is time to retire. I thank God that He led me into the field of education. I am thankful that my husband and I were challenged to commit our lives to serving in Christian School education. I am confident I have had a season in every position there is in a school, except being the custodian. I have thoroughly enjoyed my career and the opportunities that I have been given to use and grow my talents and gifts. Many, many years ago when I first began I was challenged to make this verse my theme verse for each day. "And whatever you do or say, do it as if you were doing it for the Lord Jesus" Colossians 3:23-24. I thank the Lord for each student I have had a chance to mentor and teach, for each parent that I have been able to walk alongside and encourage, and the wonderful colleagues that I have had the pleasure to serve with. "To God be the glory!"

# Roary's Corner

**Dear Roary: What are some ways I can keep in touch with my friends over summer break?**

It can be hard to say goodbye to friends when the school year ends, especially if you're all heading in different directions for the next two months.

Luckily, there are some things you can do to keep your friendships going strong, even when you can't hang out as much as you'd like.

Give these tips a try:

**Make a Plan to Keep in Touch:** Before you go your separate ways, find out how your friends will be spending their summers. Then, ask for the best way to contact them while you're apart.

**Take Lot's of Pictures:** Talk to your friends about exchanging pictures throughout the summer, especially if one of you is headed somewhere cool on vacation.

**Share a Summer Hobby:** Try choosing a book that you'd both like to read this summer, and commit to finishing it before August. Or agree to watch the same TV show, or work on the same arts & crafts project. This is another great way to feel connected to each other, and it will give you lots to talk about when you finally get to meet up in person.

*Love, 🐾 Roary*

**Do you have a question you would like answered by Roary? Email the [TheBoldness@lodichristianschool.org](mailto:TheBoldness@lodichristianschool.org)**

## ENCOURAGING SCRIPTURE FOR SUMMER:

**It was you who set all the boundaries of the earth; you made both summer and winter.**

**Psalm 74:17**

## VIRTUAL FIELD TRIPS:

[Click or scan the QR code to take a virtual tour of the Creation and Earth History Museum located in Santee, CA!](#)



[Click or scan QR code to take a virtual tour of the The Ark Encounter located in Williamstown, KY!](#)



## Roary's Resources



**Focus on the Family:** [Summer Activities for Kids, Focused on Faith, Fun, and Family.](#)



**Jonathan Park:** [10 Activities for a Christ-Centered Summer](#)