PARENT ARTICLE November 17, 2022



Proverbs 28:1 "The wicked run away when no one is chasing them, but the godly are as bold as lions."

# ATTITUDE OF GRATITUDE

### PERSPECTIVE BY TIFFINIE NIELSEN:

Perspective. I discovered the value of the word, "perspective", while sitting in a hospital room with our 6 week old son following his first surgery. My son's roommate was a 2 year old girl, tinier than our newborn son. She was recovering from yet another of her heart surgeries, and was being prepped for a scheduled brain surgery. I remember it like yesterday. Suddenly the situation regarding our son seemed so small compared to what this little girl and her single mother were facing.

Perspective is defined as "a particular attitude toward or way of regarding something; a point of view." Often, I find myself walking around wearing what I call my "ME glasses". Everything that happens in our lives is too often filtered through our "ME glasses". We have to make a conscious choice to recognize that the world doesn't revolve around ME. If our focus is to ask ourselves, "Why can't I have…? Why can't I look like…? Why did this happen to ME?, etc", then it is hard to cultivate a grateful heart. I have to ask myself, what am I modeling for my children?

I believe that perspective is what the apostle Paul had in mind when he wrote in I Thessalonians 5:18, "Give thanks IN all circumstances." You see, each and every circumstance we face, whether good or bad, is an opportunity to find perspective. When we view our circumstances through our "ME glasses," our perspective will be very narrow and our attitude will usually be that of unthankfulness. Yet, if we go through life's circumstances with a healthy perspective by choosing to remove our "ME glasses", we will be left with an attitude of gratitude. When our "ME glasses" are off, we suddenly will find so many ways to give thanks; and we have so much to be thankful for!

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

1 Thess. 5:18

Thanksgiving is not just a holiday, but it is an attitude of the heart. I encourage you to take time each day to look at each circumstance you face and ask God to give you a healthy perspective, so you can find things to be thankful for! Imagine what kind of example we can set for our children when we take our "ME glasses" off and choose to be thankful. If you see your child with their "ME glasses" on, invite them to take those glasses off, and instead encourage them to see the world with thankful eyes. May we seek to be parents and families that have attitudes of gratitude.



Enjoy and explore the lyrics of the song, *Million Reasons* from Lifetree Kids, with your children!

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### **GRATITUDE RESOURCES FOR YOUR FAMILY:**

"BABIES DON'T NEED FANCY
THINGS. AND OFTEN THE BEST
PARENTS DARE TO GIVE THEIR
CHILDREN MORE BY GIVING THEM
LESS."
-KEVIN DEYOUNG

#### At Home Activities:

- At the end of the day, have each family member share their good thing about that day.
- Read stories about children that live in different countries that don't have as much.
- Go shopping and put together a goodie bag for a homeless person.
- Be intentional to talk about blessings that are not material.

LAUGHTER IS GOOD MEDICINE:

KNOCK. KNOCK.
WHO'S THERE?
CANOE.
CANOE WHO?
CANOE HELP ME WITH MY HOMEWORK?

Q: POOR PEOPLE HAVE IT. RICH PEOPLE NEED IT. IF YOU EAT IT YOU DIE. WHAT IS IT?

641440N: Y

#### **Great Books to Check Out**





Parenting Book: Growing Grateful Kids: Teaching Them to Appreciate an Extraordinary God in Ordinary Places, By Susie Larson

**Q: Dear Roary:** How do I help my child be more organized?

A: I think this is a question that has been asked since the beginning of parenting. How can I get my child to be organized? Organization skills begin at a very young age. Labeling toy bins for your toddler and preschooler and then helping them put them in the correct bin is a fun way to begin. Simple tasks that are good for teaching basic organizational skills are: loading the dishwasher, organizing a sock drawer, arranging books on a shelf from shortest to tallest. These simple tasks actually help the brain develop compartmental skills. Parents, be consistent, communicate with your child the importance of organizing things. Don't give up. When children are young, it can be a game. As children get older, affirm them. Remember you are your child's most influential role model. Take a look at these two sites for some additional information and some great ideas: Thanks for the question.







Want to ask Roary a question? Write your question and email it to:

Theboldness@lodichristianschool.org

"AMAZON DOESN'T SELL WHAT KIDS
NEED MOST: OUR LOVE, OUR TIME,
AND OUR COMMITMENT TO RAISING
THEM IN THE LORD AND TEACHING
THEM WHAT'S TRUE.

## SCRIPTURE ON GRATITUDE FOR EVERYDAY JOY:

And give thanks for everything to God the Father in the name of our Lord Jesus Christ. Ephesians 5:20

Wherever your treasure is, there the desires of your heart will also be. Matthew 6:21

Give thanks to the Lord, for he is good! Psalm 107:1