



THE BOLDNESS NEWSLETTER

"The wicked run away when no one is chasing them, but the godly are as bold as lions." Proverbs 28:1

"Is Boredom that Bad?"

PERSPECTIVE BY: MR. WATT

Many of us as parents have heard those pesky two words uttered by our kids, "I'm bored". It is often too easy for us as parents feeling burdened by tasks, circumstances, and maybe life itself to just give in to the technology craze of our kids. Allowing our kids to have extra screen time, hoping it will stop their complaint about being bored. But is that always the best route? Is it that terrible that our kids experience boredom?

I remember when I was a kid, my parents would send me outside to play with the neighbor kids, ride bikes, or just crawl in the trees out in the backyard. We were told to use our imaginations to drive out our boredom. I think boredom was sent packing because we were told to figure it out and go play. Too often today, we give in (I am at fault too) to the whims of our culture, technology, and the easy way out. Does this really benefit our children? Proverbs 22:6, "Train up a child in the way he should go; even when he is old he will not depart from it." Our job as parents is to train them, to bring them up in the ways of the Lord. To help them learn how to find contentment and to develop the creativity God has given them.

What can we do? We need to let our children's minds and creativity come back to life. Kids need to learn to use their imaginations to play, make believe, create games, and explore the world around them. Here are a few suggestions: send them out to the backyard to play, play a board game or put a puzzle together. Encourage them to find a hobby. Maybe even challenge them to sit around and take in God's beauty. They could write or draw what they see. This summer, let's take boredom and shove it out of the way and allow our kids creativity to blossom and grow.

*"Train up a child in the way he should go; even when he is old he will not depart from it."
Proverbs 22:6*

Let me close with this challenge from Ephesians 5:15-16, "Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil." In a world that is increasingly walking away from the things of God, we need to show our kids how to make the best use of their time, to live in a way that will honor Him.



Enjoy and explore the lyrics of the song, **Let's get a little crazy** by Kingdom Rock with your children!



RESOURCES FOR YOUR FAMILY:

Rather than dread the words "I'm bored!" this summer become proactive and intentional!

Roary's Resources

1. Encourage your child to read. Children will read more when they are interested in a subject. Ask your child's teacher for their most recent Lexile or reading scores so that you know how to guide them in choosing books at or below their Lexile.
2. Your local library offers summer programs your student may be interested in. Such as: a summer reading program, summer writing workshops, free American Sign Language classes starting in June.
3. Take a day trip to: [Crocker Art Museum](#), [Railroad Museum](#), [California Automobile Museum](#), [Western Railway Museum](#), [take a guided hike up in Calaveras Big Trees](#), [Kayak Lodi Lake](#), or walk the [Lodi Lake Nature Trail](#).
4. Work outside in the yard getting hands dirty, creating a Rube Goldberg machine out of legos, or going on early morning leaf hunts (while walking to your favorite coffee shop) can provide incredible opportunities for conversations with your child.
5. A fun family time, Minute to win it games - check the "Tiny Beans" article linked below.



LAUGHTER IS GOOD MEDICINE:

Q: WHAT DID THE CLASSMATE SAY WHEN ASKED WHY THEY KEPT WALKING NEXT TO THE SAME PERSON AT SCHOOL?



A: I WAS TOLD I WAS SUPPOSED TO WALK BY FAITH.

Q: TWO PICKLES FELL OUT OF A JAR ONTO THE FLOOR. WHAT DID ONE SAY TO THE OTHER??

A: I'LL HIT HIM.

Great Books to Check Out

Children's Books:

Summer. God Made It for Me - by Nicoletta Antonia (ages 2-5)

Adventures in Odyssey: from Focus on the Family (all ages)

Dear Roary: My kids have worked so hard to learn everything this year... how can I help prevent learning loss over the summer?

Dear Determined Dad,

Learning loss during the summer is real! Studies have shown that students grades K-5 are susceptible to losing 20% of their school learning from the previous school year during the summer. I know your concern is deeply appreciated by educators as they stare headlong into summer.

Encouraging your child to read is one of the top priorities for any parent during the summer. You can ask them questions about their book or magazine article that will engage their reading on a deeper level. Check out the blue "Roary's Resources" box to the right of this article for some expanded ideas.

Most importantly, I'd like to encourage you to engage with your child. Sit down at meal times, ask them about: their hopes, dreams, their favorite thing to learn about in school. Turn the radio off in the car and ask questions of your children. Take a break from technology (you too parents) and "unplug to reconnect" with your children. Remember, you are the greatest influencer in your child's life! Spend time connecting this summer... maybe you'll learn something too :)

Roary

Want to ask Roary a question?
Write your question and email it to:
Theboldness@lodichristianschool.org

Parent Fellowship Night

We had a wonderful last fellowship night on May 2nd. We ended the school year discussing positive discipline. If you would like a pamphlet about positive discipline please grab a copy in the LCS office. Have any questions or subjects you would like us to cover in the future? Please email info@lodichristianschool.org.

SCRIPTURE REGARDING BOREDOM:

"For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that."

1 Timothy 6:7-8

"And my God will supply all your needs according to His riches in glory in Christ Jesus." Philippians 4:19

"Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil."

Ephesians 5:15-16